

Pediatric Specialist Guide

A referral guide for health care providers



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Children's Hospital Boston

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CHILDRENSHOSPITAL.ORG

ADOLESCENT MEDICINE

Adolescent Medicine

childrenshospital.org/adol

SCHEDULING AN APPOINTMENT

Children's Hospital Boston
333 Longwood Avenue, 5th floor
Boston, MA 02115
617-355-7181
Fax: 617-730-0184

Boston Children's North
10 Centennial Drive
Peabody, MA 01960
978-538-3600
Fax: 781-216-3597

Boston Children's Physicians South
Stetson Medical Center, 541 Main Street
Weymouth, MA 02190
781-331-4715
Fax: 781-216-3799

Children's Hospital Boston at Lexington
482 Bedford Street
Lexington, MA 02420
781-672-2100
Fax: 781-672-2145

Children's Hospital Boston at Waltham
9 Hope Avenue
Waltham, MA 02453
781-216-2100
-
Fax: 781-216-2194

Request an appointment online: childrenshospital.org/adol
Urgent appointment triage: Adolescent Medicine: 617-355-7181
Outpatient Eating Disorders: 617-355-7178

AREAS OF EXPERTISE:	HIGHLIGHTS:
<ul style="list-style-type: none">● abdominal pain● acne ● anemia● bone health problems● chronic fatigue ● chronic headache● complex medical and psychosocial problems● eating disorders● growth and development ● hormonal changes● menstrual problems● nutrition● polycystic ovary syndrome (PCOS)● puberty● reproductive health problems● smoking cessation● STDs and HIV● substance abuse● teen pregnancy● weight problems	<ul style="list-style-type: none">● 17,000 patient visits each year● 40 health professionals on staff (physician, nurse practitioners, nurses, nutritionists, HIV counselors and mental health clinicians)● Largest eating disorder program in New England● A specialty reproductive endocrinology program focuses on girls with menstrual problems, providing educational materials and monthly chats ● A resource center and website www.youngwomenshealth.org, providing educational materials and monthly chats

CLINICAL PROGRAMS:

Adolescent/Young Adult Medical Practice

Provides expert evaluation and medical treatment for adolescents and young adults with common and complex medical problems, enabling adolescents and young adults to lead healthy and productive lives.

617-355-7181 / childrenshospital.org/adolprac

Bone Health Program

Provides comprehensive evaluation of children who have, or are at risk for, low bone density.

617-355-4191 / childrenshospital.org/bone

Boston HAPPENS Program

Provides clinical care and support services to HIV infected, homeless and at-risk adolescents ages 12 and up.

617-355-2735 / childrenshospital.org/happens

Breast Clinic

Evaluates and treats various breast problems, such as asymmetry, tuberous breast deformity, and underdeveloped breasts in girls, and gynecomastia in boys in collaboration with Plastic Surgery, Gynecology and Endocrinology.

617-355-4621 / childrenshospital.org/breast

Center for Young Women's Health

Empowers young women to take a more active role in their health and health care decisions with health information and resources.

Information: 617-355-2994 / Scheduling: 617-355-7181 / youngwomenshealth.org

Community Asthma Initiative

Provides case management and home visits for children and adolescents in Boston who have inadequate asthma control, which results in emergency department visits or inpatient admissions.

617-355-8496 / childrenshospital.org/cai

Eating Disorders Program

Provides comprehensive evaluation and treatment recommendations to adolescents with anorexia nervosa, bulimia and related eating disorders. Staffed by specialists in adolescent medicine, psychiatry, psychology, social work, and nutrition, the program addresses the medical, nutritional and psychological needs of each patient.

617-355-7178 / childrenshospital.org/ed

PREP Program

Multidisciplinary (medical, nutrition and mental health) appointments for overweight/obese teens with a BMI > 85th percentile. The goals of the PREP clinic are the Promotion of health and weight loss, Recognition of comorbidities, Education of teens and families and Prevention of obesity and related complications.

617-355-7181

Reproductive Endocrine Practice

Diagnoses and treats adolescents with reproductive endocrine problems such as polycystic ovary syndrome, menstrual problems, delayed delayed puberty, amenorrhea and short stature.

617-355-7181 / childrenshospital.org/repro

ADOLESCENT MEDICINE

Emans, S. Jean, MD

Chief, Division of Adolescent Medicine
Co-Director, Center for Young Women's Health
Professor of Pediatrics, Harvard Medical School
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☎ 617-355-7181

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✉ jean.emans@childrens.harvard.edu

NPI: 1366529984

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; gynecology (pediatric and adolescent); reproductive reproductive endocrinology

Woods, Elizabeth R., MD, MPH

Associate Chief, Division of Adolescent Medicine
Director, Community Asthma Initiative
Chair, Asthma Quality Improvement Program
Professor of Pediatrics, Harvard Medical School
Children's Hospital Boston

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Other Office: Lexington

NPI: 1992878078

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; medical gynecology

Brooks, Traci L., MD

Instructor in Pediatrics, Harvard Medical School
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Board Certifications: Pediatrics, Adolescent Medicine

Specialty: adolescent/young adult medicine

DiVasta, Amy Desrochers, MD, MMSc

Assistant Professor of Pediatrics, Harvard Medical School
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Other Office: Weymouth

NPI: 1891732970

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; gynecology (pediatric and adolescent); reproductive reproductive endocrinology

Forman, Sara F., MD

Director, Outpatient Eating Disorders Program
Director, Resident and Medical Student Training in Adolescent Medicine
Assistant Professor of Pediatrics, Harvard Medical School
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Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders

Gooding, Holly, MD

Instructor in Pediatrics, Harvard Medical School
Children's Hospital Boston

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Board Certifications: Internal Medicine

Specialties: adolescent/young adult medicine; reproductive endocrinology

Gordon, Catherine M., MD, MSc

Director, Bone Health Program
Associate Professor of Pediatrics, Harvard Medical School
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☎ Adol Med: 617-355-7181

Endocrine: 617-355-4191

☎ 617-730-0195

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NPI: 1326110545

Board Certifications: Pediatrics, Pediatric Endocrinology, Adolescent Medicine

Specialties: bone health; reproductive endocrinology; young women's health

Grace, Estherann M., MD

Clinical Chief
Associate Clinical Professor of Pediatrics, Harvard Medical School
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Specialties: adolescent/young adult medicine; eating disorders; menstrual disorders

Gray, Susan, MD

Instructor in Pediatrics, Harvard Medical School
Children's Hospital Boston

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Other Office: Jamaica Plain

Board Certifications: Pediatrics, Adolescent Medicine

Specialty: adolescent/young adult medicine

Hassan, Areej, MD, MPH

Instructor in Pediatrics, Harvard Medical School
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NPI: 1003924325

Board Certifications: Pediatrics

Specialty: adolescent/young adult medicine

Leibowitz, Scott F., MD

Attending Psychiatrist
Assistant in Psychiatry
Instructor in Psychiatry, Harvard Medical School
Children's Hospital Boston

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✉ scott.leibowitz@childrens.harvard.edu

Board Certifications: Adult Psychiatry

Specialty: psychiatry

Mansbach, Jonathan, MD, MPH

Adolescent Physician and Hospitalist
Assistant Professor of Pediatrics, Harvard Medical School
Children's Hospital Boston

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NPI: 1780761312

Board Certifications: Pediatrics, Adolescent Medicine

Specialty: adolescent/young adult medicine

ADOLESCENT MEDICINE

Mansfield, M. Joan F., MD

*Associate in Medicine
Assistant Professor of Pediatrics, Harvard Medical School*

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Other Office: Lexington

NPI: 1023054251

Board Certifications: Pediatrics, Pediatric Endocrinology, Adolescent Medicine

Specialties: adolescent/young adult medicine; endocrinology; reproductive endocrinology

Pitts, Sarah, MD

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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✉ sarah.pitts@childrens.harvard.edu

Other Office: Weymouth

NPI: 1467656595

Board Certifications: Pediatrics

Specialties: adolescent/young adult medicine; bone bone health

Samples, Cathryn L., MD, MPH, AAHIVS

*Clinical Director, Boston HAPPENS
Assistant Professor of Pediatrics, Harvard Medical School*

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NPI: 1730267980

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; HIV HIV prevention/care

O'Brien, Rebecca Flynn, MD

*Associate Clinical Chief
Assistant Professor of Pediatrics, Harvard Medical School*

Children's Hospital Boston

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Other Office: Peabody

NPI: 1144339631

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; medical gynecology; reproductive endocrinology

Rich, Michael, MD, MPH

*Director, Center on Media and Child Health
Associate Professor of Pediatrics, Harvard Medical School*

Associate Professor of Society, Human Development Health, Harvard School of Public Health

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NPI: 1700963337

Board Certifications: Pediatrics, Adolescent Medicine

Specialty: adolescent/young adult medicine

Shrier, Lydia A., MD, MPH

*Director, Clinic-Based Research
Associate Professor of Pediatrics, Harvard Medical School*

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Other Offices: Weymouth; Weymouth

NPI: 1841379716

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; medical gynecology

Pettinato, Andrea Agnello, MD

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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Other Offices: Lexington; Waltham

NPI: 1558448183

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; menstrual disorders

Richmond, Tracy, MD, MPH

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NPI: 1578641817

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; reproductive endocrinology