

Pediatric Specialist Guide

A referral guide for health care providers



James Kasser, MD



Children's Hospital Boston

2009-2010

CHILDRENSHOSPITAL.ORG

ADOLESCENT MEDICINE

The Division of Adolescent/Young Adult Medicine provides state-of-the-art, comprehensive primary care and specialty care to patients, ages 10 to 23 years old. We offer physical examinations, immunizations, sexuality and contraceptive counseling, gynecologic examinations, Pap smears and STD screenings, and expert preventive health care to adolescents and young adults. We also provide consultation for patients with complex medical problems, such as eating disorders, menstrual problems, male and female reproductive health problems, weight problems and chronic fatigue. Our practice includes physicians, nurse practitioners, nurses, nutritionists, HIV counselors and mental health clinicians.

In addition to offering expert preventive care, our experienced, multidisciplinary staff provides specialty care for adolescents and young adults with a variety of complex medical problems and issues, including:

- chronic fatigue
- delayed puberty
- eating disorders
- family planning
- gynecologic problems
- HIV infection
- hormonal changes
- menstrual problems
- osteoporosis
- polycystic ovary syndrome
- sexually transmitted diseases (STD)
- teen pregnancy
- weight problems

CLINICAL PROGRAMS:

Adolescent/Young Adult Medical Practice

Provides expert evaluation and medical treatment for adolescents and young adults with common and complex medical problems. By taking thorough histories, providing physical exams and diagnostic testing, and offering expert counseling services, the practice enables adolescents and young adults to lead healthy and productive lives.

Scheduling: 617-355-7181

Bone Health Program

Provides comprehensive evaluation of adolescents with low bone density or at risk for low bone density.

DXA Center (bone density measurement) Scheduling: 617-355-3789

General Information/Clinical Appointments: 617-355-0469

Boston HAPPENS Program

Provides clinical care and support services to HIV positive and at-risk youth and provides confidential HIV counseling and testing for all clients ages 12 and up.

Scheduling: 617-355-2735

Breast Clinic

Offers comprehensive, interdisciplinary care to patients who present with symptoms of benign breast conditions. This program is run in collaboration with the Department of Plastic Surgery. Common conditions seen and treated in the Breast Clinic include gynecomastia, macromastia, breast asymmetry (including Poland syndrome and tuberous breast) and amastia.

Scheduling: 617-355-4621

Center for Young Women's Health

Provides comprehensive, primary health care services and specialty care by referral to adolescent girls and young women ages 12 to 22. By integrating patient education, preventive medicine and health care services, the center empowers young women to take a more active role in their health and health care decisions.

Information: 617-355-2994 or youngwomenshealth.org.

Eating Disorders Program

Evaluates and treats adolescents who struggle with an eating disorder. Patients benefit from the multidisciplinary approach to their eating disorder. The team combines the talents of experts in adolescent medicine, mental health (social work, psychology and psychiatry) and nutrition.

Scheduling: 617-355-7178

Reproductive Endocrine Practice

Diagnoses and treats adolescents and young adults with reproductive endocrine problems, such as delayed development, menstrual problems, osteoporosis and polycystic ovary syndrome. Using state-of-the-art diagnostic testing and treatments, the practice can provide solutions to many reproductive problems.

Scheduling: 617-355-7181

ADOLESCENT MEDICINE

COMMUNITY	LOCATION	SCHEDULING
Boston	Children's Hospital Boston 333 Longwood Avenue, 5th floor	617-355-7181
Lexington	Children's Hospital Boston at Lexington 482 Bedford Street	781-672-2100
Peabody	Children's Hospital Boston at Peabody Lahey Clinic North, One Essex Center Drive	978-538-3600
Waltham	Children's Hospital Boston at Waltham 9 Hope Avenue	781-216-2100
Weymouth	Children's Hospital Physicians at South Shore Nevin Bldg., 851 Main Street, Suite 6	781-331-4715

ADDITIONAL APPOINTMENT TRIAGE	LOCATION	SCHEDULING
Adolescent Medicine	All sites	617-355-7181, option 1
Outpatient Eating Disorders	All sites	617-355-7178

To make an appointment at any of our office locations, please call the appropriate scheduling office telephone number above or visit childrenshospital.org/adol and select Request An Appointment.

ADOLESCENT MEDICINE

Emans, S. Jean, MD

Chief, Division of Adolescent Medicine
Co-Director, Center for Young Women's Health
Professor of Pediatrics, Harvard Medical School
Children's Hospital Boston
☎ 617-355-4958 (appointments)
☎ 617-730-0185
✉ jean.emans@childrens.harvard.edu

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; gynecology (pediatric and adolescent); reproductive reproductive endocrinology

DiVasta, Amy Desrochers, MD, MMSc

Instructor in Pediatrics, Harvard Medical School
Children's Hospital Boston
☎ 617-355-4453
☎ 617-730-0198
✉ amy.divasta@childrens.harvard.edu

Other Office: Weymouth

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; gynecology (pediatric and adolescent); reproductive reproductive endocrinology

Hassan, Areej, MD, MPH

Instructor in Pediatrics, Harvard Medical School
Children's Hospital Boston
☎ 617-355-7181
☎ 617-730-0184
✉ areej.hassan@childrens.harvard.edu

Board Certifications: Pediatrics

Specialty: adolescent/young adult medicine

Woods, Elizabeth R., MD, MPH

Associate Chief, Division of Adolescent Medicine
Director, Community Asthma Program
Chair, Asthma Quality Improvement Program
Associate Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston
☎ 617-355-7181
☎ 617-730-0195
✉ elizabeth.woods@childrens.harvard.edu

Other Office: Lexington

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; medical gynecology

Forman, Sara F., MD

Director, Outpatient Eating Disorders Program
Director, Resident and Medical Student Training in Adolescent Medicine
Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston
☎ 617-355-7181
☎ 617-730-0184
✉ sara.forman@childrens.harvard.edu

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders

Mansbach, Jonathan, MD, MPH

Adolescent Physician and Hospitalist
Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston
☎ 617-355-7181
☎ 617-730-0184
✉ jonathan.mansbach@childrens.harvard.edu

Board Certifications: Pediatrics, Adolescent Medicine

Specialty: adolescent/young adult medicine

Brooks, Traci L., MD

Instructor in Pediatrics, Harvard Medical School
Children's Hospital Boston
☎ 617-355-7181
☎ 617-730-0184
✉ traci.brooks@childrens.harvard.edu

Board Certifications: Pediatrics, Adolescent Medicine

Specialty: adolescent/young adult medicine

Gordon, Catherine M., MD, MSc

Director, Bone Health Program
Associate Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston
☎ Adol Med: 617-355-7181
Endocrine: 617-355-7476
☎ 617-730-0195
✉ catherine.gordon@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology, Adolescent Medicine

Specialties: bone health; reproductive endocrinology; young women's health

O'Brien, Rebecca Flynn, MD

Associate Clinical Chief
Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston
☎ 617-355-4453
☎ 617-730-0198
✉ rebecca.obrien@childrens.harvard.edu

Other Office: Peabody

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; medical gynecology; reproductive endocrinology

Cooper, Henrietta Elizabeth, MD

Assistant in Medicine and Psychiatry
Instructor in Psychiatry, Harvard Medical School
Children's Hospital Boston
☎ 617-355-7181
☎ 617-730-0184
✉ henrietta.cooper@childrens.harvard.edu

Board Certifications: Adult Psychiatry

Specialty: psychiatry

Grace, Estherann M., MD

Clinical Chief
Associate Clinical Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston
☎ 617-355-4453
☎ 617-730-0198
✉ estherann.grace@childrens.harvard.edu

Specialties: adolescent/young adult medicine; eating disorders; menstrual disorders

Pettinato, Andrea Agnello, MD

Instructor in Pediatrics, Harvard Medical School
Children's Hospital Boston
☎ 617-355-7181
☎ 617-730-0184
✉ andrea.pettinato@childrens.harvard.edu

Other Offices: Lexington; Waltham

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; menstrual disorders

ADOLESCENT MEDICINE

Pitts, Sarah, MD

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7181

☎ 617-730-0184

✉ sarah.pitts@childrens.harvard.edu

Board Certifications: Pediatrics

Specialty: adolescent/young adult medicine

Richmond, Tracy, MD, MPH

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4453

☎ 617-730-0198

✉ tracy.richmond@childrens.harvard.edu

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; reproductive endocrinology

Shrier, Lydia A., MD, MPH

Director, Clinic-Based Research

Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7181

☎ 617-730-0184

✉ lydia.shrier@childrens.harvard.edu

Other Office: Weymouth

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; eating disorders; medical gynecology

Rich, Michael, MD, MPH

Director, Center on Media and Child Health

Director, Video Intervention/Prevention Assessment

Associate Professor of Pediatrics, Harvard Medical School

Associate Professor of Society, Human Development Health, Harvard School of Public Health

Children's Hospital Boston

☎ 617-355-7181

☎ 617-730-0004

✉ michael.rich@childrens.harvard.edu

Board Certifications: Pediatrics, Adolescent Medicine

Specialty: adolescent/young adult medicine

Samples, Cathryn L., MD, MPH, AAHIVS

Clinical Director, Boston HAPPENS

Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7181

☎ 617-730-0195

✉ cathryn.samples@childrens.harvard.edu

Board Certifications: Pediatrics, Adolescent Medicine

Specialties: adolescent/young adult medicine; HIV prevention/care