

Pediatric Specialist Guide

A referral guide for health care providers



James Kasser, MD



Children's Hospital Boston

2009-2010

CHILDRENSHOSPITAL.ORG

ENDOCRINOLOGY

Children's Hospital Boston's Division of Endocrinology is one of the world's leading centers dedicated to caring for children and adolescents with acute and chronic endocrine and metabolic disorders. For children who suffer from diabetes, growth problems, obesity or other defects of the endocrine system, our dedicated team of doctors, nurses and other caregivers offer hope for a healthier future.

In addition to offering expert consultation, our experienced, multidisciplinary staff provides specialty care for children and adolescents with a variety of complex medical problems and issues.

The division has expertise in the following areas:

- adrenal disorders
- ambiguous genitalia
- congenital hypothyroidism, hyperthyroidism (Graves disease), thyroid cancer and other thyroid diseases
- diabetes insipidus and Syndrome of Inappropriate Antidiuretic Hormone secretion (SIADH)
- diabetes mellitus (type 1 and 2)
- endocrine complications of cancer
- glycogen storage disease
- growth disorders (e.g., growth hormone deficiency, short stature)
- hypercalcemia and hypocalcemia
- hypoglycemia (newborns and older children)
- hypopituitarism
- metabolic bone diseases (e.g., rickets, low bone mass and osteoporosis)
- obesity
- pheochromocytoma
- pituitary tumors (e.g., prolactinomas)
- precocious and delayed puberty (e.g., Turner and Klinefelter syndromes)
- premature adrenarche
- premature thelarche

CLINICAL PROGRAMS:

Bone Health Program

Provides bone density testing and/or comprehensive evaluations of children and adolescents with frequent fractures, low bone density and disorders of calcium and vitamin D metabolism.

DXA Center (bone density measurement) scheduling: 617-355-3789

General Information/Clinical Appointments: 617-355-0469

Diabetes Program

Provides diagnosis, diabetes education and self-management training and long-term multidisciplinary comprehensive follow-up care of patients with diabetes mellitus (type 1 and type 2) as well as other forms of diabetes, such as cystic fibrosis related diabetes mellitus, steroid-induced diabetes and other disorders of carbohydrate metabolism.

Scheduling: 617-355-7476

Gender Management Service (GeMS) Clinic

Treats the medical and psychosocial issues of infants, children, adolescents and young adults with disorders of sexual differentiation (DSDs). Our multidisciplinary GeMS team includes endocrinologists, geneticists, nurses, psychologists, social workers, urologists and other specialists as needed. We provide an in-depth evaluation, including psychological, to help patients and families make decisions about hormonal therapy and/or surgery. The clinic meets monthly on Fegan 5. New patients with Gender Identity Disorder who do not have an Intersex condition must be under age 21 however, patients with Disorders of Sex Development can be seen regardless of age.

Scheduling: 617-355-6116

General Endocrinology Program

Provides comprehensive diagnosis, treatment and management of children with disorders of the hypothalamus, pituitary, thyroid, parathyroid, adrenal glands, gonads and endocrine pancreas. Through the use of state-of-the-art diagnostics, symptoms of disorders can be picked up early, and medical intervention can be started at the most optimal time.

Scheduling: 617-355-7476

Neuroendocrinology Program

Provides comprehensive diagnosis and treatment of endocrine disorders related to hypothalamic and pituitary region tumors, as well as the endocrine late effects of the treatments of other malignancies, including hematologic disorders.

Scheduling: 617-355-7476

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Optimal Weight for Life (OWL) Obesity Program

Offers a multidisciplinary approach to weight control and obesity in children. By coordinating care with the appropriate subspecialists and initiating a weight control program, obese children can effectively lose excess weight and learn methods to maintain a healthy weight.

Scheduling: 617-355-5159

Thyroid Program

Provides comprehensive diagnosis and treatment of all types of thyroid disease in children and adolescents, including thyroid dysfunction, thyroid nodules, and thyroid cancer. The program has unique expertise in thyroid sonography, fine needle aspiration, radioiodine therapy, and the long term care of childhood thyroid cancer.

Scheduling: 617-355-8226

Children's Division of Endocrinology outpatient services are provided at our Boston campus on the fifth floor of the Fegan Building and in the following communities throughout Greater Boston:

COMMUNITY	LOCATION	SCHEDULING
Boston	Children's Hospital Boston 300 Longwood Avenue, Fegan 4	617-355-7476
Norwood	Children's Hospital Physicians at Caritas Norwood Hospital 800 Washington Street	781-440-9619
Peabody	Children's Hospital Boston at Peabody One Essex Center Drive	978-538-3600
Waltham	Children's Hospital Boston at Waltham 9 Hope Avenue	781-216-2100
Weymouth	Children's Hospital Physicians at South Shore Hospital Nevin Bldg., 851 Main Street, Suite 6	781-331-4715

To make an appointment at any of our office locations, please call the appropriate scheduling office telephone number above or visit childrenshospital.org/endocrine and select Request An Appointment.

Urgent Appointment Triage

Endocrinology:

617-355-7476, option 5

Fax the patient's medical history to 617-734-1369

Diabetes:

617-355-6369 for the Endocrinologist on-call

Optimal Weight for Life:

617-355-5159

ENDOCRINOLOGY

Majzoub, Joseph A., MD

Chief, Division of Endocrinology, Harvard Medical School

Thomas Morgan Rotch Professor of Pediatrics; of Medicine, Harvard Medical School

Children's Hospital Boston

☎ Appointments: 617-355-7476
Office: 617-919-2930 2930

☎ 617-730-0244

✉ joseph.majzoub@childrens.harvard.edu

Board Certifications: Internal Medicine, Adult Endocrinology

Specialty: neuroendocrinology

Brown, Rosalind, MD, CM, FRCP(C)

Director, Clinical Trials Research

Physician in Medicine

Associate Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ rosaling.brown@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology, Fellow-Royal College of Physicians Physicians (Canada)

Specialty: thyroid problems (e.g. Graves' disease, goiter, etc.)

Cooke, Emily, RD, LDN

Clinical Nutritionist

Children's Hospital Boston

☎ 617-355-0793

Wolfsdorf, Joseph I., MD, BCH

Associate Chief, Division of Endocrinology

Clinical Director

Senior Associate in Medicine

Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ joseph.wolfsdorf@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialties: diabetes mellitus; endocrinology; hypoglycemic disorders

Carswell, Jeremi M., MD

Physician in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ jeremi.carswell@childrens.harvard.edu

Specialty: endocrinology

Fleischman, Amy, MD, MMSc

Physician in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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OWL: 617-355-5159

☎ 617-730-0194

✉ amy.fleischman@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialties: neuroendocrinology; obesity

Agus, Michael, MD

Director, Medicine Intensive Care Program

Medical Director, Medicine Intensive Care Unit

Medical Director, Intermediate Care Program

Physician in Medicine

Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-9615

☎ 617-344-2565

✉ michael.agus@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Critical Care, Pediatric Endocrinology

Specialties: hormonal abnormalities in critical illness; pediatric critical care

Chan, Yee-Ming, MD, PhD

Physician in Medicine

Instructor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ yee-ming.chan@childrens.harvard.edu

Board Certifications: Pediatrics

Specialty: endocrinology

Goodwin, Gregory, MD

Physician in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ gregory.goodwin@childrens.harvard.edu

Other Offices: Waltham; Weymouth

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialty: diabetes

Breault, David, MD, PhD

Physician in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0244

✉ david.breault@childrens.harvard.edu

Other Office: Waltham

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialty: adrenal gland disorders

Cohen, Laurie E., MD

Director, Neuroendocrinology Program

Physician in Medicine

Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ laurie.cohen@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialties: endocrine sequelae of cancer and its treatments; growth issues and disorders; neuroendocrinology

Gordon, Catherine M., MD, MSc

Director, Bone Health Program

Associate Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ Adol Med: 617-355-7181
Endocrine: 617-355-7476

☎ 617-730-0195

✉ catherine.gordon@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology, Adolescent Medicine

Specialties: bone health; reproductive endocrinology; young women's health

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Haagensen, Alexandra L., MD

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ alexandra.haagensen@childrens.harvard.edu

Other Office: Waltham

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialty: CF related diabetes

Keller, Richard, MD

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ richard.keller@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology

Luedke, Christina E., MD, PhD

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ christina.luedke@childrens.harvard.edu

Other Offices: Waltham; Weymouth

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialty: adrenal gland disorders

Hirschhorn, Joel N., MD, PhD

Physician in Medicine
Assistant Professor of Genetics and Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-919-2129

☎ 617-730-0253

✉ joel.hirschhorn@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology

Levine, Bat-Sheva, MD, MPH

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ batsheva.levine@childrens.harvard.edu

Other Office: Norwood

Board Certifications: Pediatrics, Pediatric Endocrinology

Mailloux, Julie, PhD

Psychologist
Children's Hospital Boston

☎ 617-355-5159

Holm, Ingrid A., MD, MPH

Associate Director, Bone Health Program
Director, Phenotyping Core, Program in Genomics
Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ Bone Health: 617-355-6021
☎ Endocrine: 617-355-7

☎ 617-730-0245

✉ ingrid.holm@childrens.harvard.edu

Board Certifications: Pediatric Endocrinology, Medical Genetics

Specialties: bone health; genetics; genetics of endocrine disorders; sex chromosome abnormalities; abnormalities; skeletal dysplasias

Lewis, Maryanne, CS, PNP

Children's Hospital Boston

☎ 617-355-5159

☎ 617-730-0505

✉ Maryann.lewis@childrens.harvard.edu

Specialty: obesity

Markowitz, Robert L., MD

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ OWL: 617-355-5159

☎ 617-730-0505

✉ robert.markowitz@childrens.harvard.edu

Board Certifications: Pediatrics

Specialties: failure to thrive; growth and nutrition; nutrition; obesity

Huang, Stephen, MD

Director, Thyroid Program
Physician in Medicine
Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ stephen.huang@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialties: nodular thyroid disease and thyroid cancer; thyroidology

Ludwig, David S., MD, PhD

Director, Optimal Weight for Life (OWL) Program
Physician in Medicine
Associate Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-5159

☎ Clinic: 617-730-0505; Office: 617-730-0358

✉ david.ludwig@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialties: nutrition; obesity

Mehta, Sanjeev, MD, MPH

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ sanjeev.mehta@childrens.harvard.edu

Board Certifications: Pediatrics

Specialty: diabetes

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Nigrin, Daniel J., MD, MS

Senior Vice President, Information Services
Chief Information Officer
Physician in Medicine
Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0019

✉ daniel.nigrin@childrens.harvard.edu

Board Certifications: Pediatrics, Pediatric Endocrinology

Rhodes, Erinn T., MD, MPH

Director, Type 2 Diabetes Clinic
Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ Endocrine: 617-355-7476
OWL: 617-355-5159

☎ 617-730-0194

✉ erinn.rhodes@childrens.harvard.edu

Board Certifications: Pediatric Endocrinology

Specialties: obesity; type 2 diabetes

Spack, Norman P., MD

Physician in Medicine
Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ norman.spack@childrens.harvard.edu

Other Office: Norwood

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialties: adolescent endocrinology; diabetes; gender management

Olson, David, MD

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ david.olson@childrens.harvard.edu

Other Office: Peabody

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialty: neuroendocrinology

Rossi, Corrine, RD, LDN

Clinical Nutritionist

Children's Hospital Boston

☎ 617-355-6000

Srivatsa, Abhinash, MD, BS

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ abhinash.srivatsa@childrens.harvard.edu

Other Offices: Jamaica Plain; Peabody; Waltham

Board Certifications: Pediatrics

Osganian, Stavroula, MD, ScD, MPH

Director, Clinical Research Program
Physician in Medicine
Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-5159

☎ 617-730-0505

✉ stavroula.osganian@childrens.harvard.edu

Specialty: obesity

Smith, Jessica R., MD

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ jessica.smith@childrens.harvard.edu

Board Certifications: Pediatrics

Specialties: endocrinology; thyroid problems (e.g. (e.g. Graves' disease, goiter, etc.)

Stafford, Diane, MD

Director, Associate Training Program
Assistant Clinical Director

Physician in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ diane.stafford@childrens.harvard.edu

Other Office: Waltham

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialty: Prader-Willi syndrome

Quinn, Maryanne, MD

Physician in Medicine
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ maryanne.quinn@childrens.harvard.edu

Other Office: Waltham

Board Certifications: Pediatrics, Pediatric Endocrinology

Specialty: diabetes