

# Pediatric Specialist Guide

*A referral guide for health care providers*



James Kasser, MD



Children's Hospital Boston

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CHILDRENSHOSPITAL.ORG

## ENDOCRINOLOGY

Children's Hospital Boston's Division of Endocrinology is one of the world's leading centers dedicated to caring for children and adolescents with acute and chronic endocrine and metabolic disorders. For children who suffer from diabetes, growth problems, obesity or other defects of the endocrine system, our dedicated team of doctors, nurses and other caregivers offer hope for a healthier future.

In addition to offering expert consultation, our experienced, multidisciplinary staff provides specialty care for children and adolescents with a variety of complex medical problems and issues.

The division has expertise in the following areas:

- adrenal disorders
- ambiguous genitalia
- congenital hypothyroidism, hyperthyroidism (Graves disease), thyroid cancer and other thyroid diseases
- diabetes insipidus and Syndrome of Inappropriate Antidiuretic Hormone secretion (SIADH)
- diabetes mellitus (type 1 and 2)
- endocrine complications of cancer
- glycogen storage disease
- growth disorders (e.g., growth hormone deficiency, short stature)
- hypercalcemia and hypocalcemia
- hypoglycemia (newborns and older children)
- hypopituitarism
- metabolic bone diseases (e.g., rickets, low bone mass and osteoporosis)
- obesity
- pheochromocytoma
- pituitary tumors (e.g., prolactinomas)
- precocious and delayed puberty (e.g., Turner and Klinefelter syndromes)
- premature adrenarche
- premature thelarche

### CLINICAL PROGRAMS:

#### **Bone Health Program**

Provides bone density testing and/or comprehensive evaluations of children and adolescents with frequent fractures, low bone density and disorders of calcium and vitamin D metabolism.

DXA Center (bone density measurement) scheduling: 617-355-3789

General Information/Clinical Appointments: 617-355-0469

#### **Diabetes Program**

Provides diagnosis, diabetes education and self-management training and long-term multidisciplinary comprehensive follow-up care of patients with diabetes mellitus (type 1 and type 2) as well as other forms of diabetes, such as cystic fibrosis related diabetes mellitus, steroid-induced diabetes and other disorders of carbohydrate metabolism.

Scheduling: 617-355-7476

#### **Gender Management Service (GeMS) Clinic**

Treats the medical and psychosocial issues of infants, children, adolescents and young adults with disorders of sexual differentiation (DSDs). Our multidisciplinary GeMS team includes endocrinologists, geneticists, nurses, psychologists, social workers, urologists and other specialists as needed. We provide an in-depth evaluation, including psychological, to help patients and families make decisions about hormonal therapy and/or surgery. The clinic meets monthly on Fegan 5. New patients with Gender Identity Disorder who do not have an Intersex condition must be under age 21 however, patients with Disorders of Sex Development can be seen regardless of age.

Scheduling: 617-355-6116

#### **General Endocrinology Program**

Provides comprehensive diagnosis, treatment and management of children with disorders of the hypothalamus, pituitary, thyroid, parathyroid, adrenal glands, gonads and endocrine pancreas. Through the use of state-of-the-art diagnostics, symptoms of disorders can be picked up early, and medical intervention can be started at the most optimal time.

Scheduling: 617-355-7476

#### **Neuroendocrinology Program**

Provides comprehensive diagnosis and treatment of endocrine disorders related to hypothalamic and pituitary region tumors, as well as the endocrine late effects of the treatments of other malignancies, including hematologic disorders.

Scheduling: 617-355-7476

## ENDOCRINOLOGY

### **Optimal Weight for Life (OWL) Obesity Program**

Offers a multidisciplinary approach to weight control and obesity in children. By coordinating care with the appropriate subspecialists and initiating a weight control program, obese children can effectively lose excess weight and learn methods to maintain a healthy weight.

Scheduling: 617-355-5159

### **Thyroid Program**

Provides comprehensive diagnosis and treatment of all types of thyroid disease in children and adolescents, including thyroid dysfunction, thyroid nodules, and thyroid cancer. The program has unique expertise in thyroid sonography, fine needle aspiration, radioiodine therapy, and the long term care of childhood thyroid cancer.

Scheduling: 617-355-8226

Children's Division of Endocrinology outpatient services are provided at our Boston campus on the fifth floor of the Fegan Building and in the following communities throughout Greater Boston:

COMMUNITY	LOCATION	SCHEDULING
Boston	Children's Hospital Boston 300 Longwood Avenue, Fegan 4	617-355-7476
Norwood	Children's Hospital Physicians at Caritas Norwood Hospital 800 Washington Street	781-440-9619
Peabody	Children's Hospital Boston at Peabody One Essex Center Drive	978-538-3600
Waltham	Children's Hospital Boston at Waltham 9 Hope Avenue	781-216-2100
Weymouth	Children's Hospital Physicians at South Shore Hospital Nevin Bldg., 851 Main Street, Suite 6	781-331-4715

To make an appointment at any of our office locations, please call the appropriate scheduling office telephone number above or visit [childrenshospital.org/endocrine](http://childrenshospital.org/endocrine) and select Request An Appointment.

### **Urgent Appointment Triage**

#### **Endocrinology:**

617-355-7476, option 3

Fax the patient's medical history to 617-730-0194

#### **Diabetes:**

617-355-6369 for the Endocrinologist on-call

#### **Optimal Weight for Life:**

617-355-5159

## ENDOCRINOLOGY

### **Majzoub, Joseph A., MD**

Chief, Division of Endocrinology, Harvard School  
Senior Physician in Medicine  
Thomas Morgan Rotch Professor of Pediatrics;  
Professor of Medicine, Harvard Medical School  
Children's Hospital Boston  
☎ Appts: 617-355-7476 <br>Office: 617-919-919-2930  
☎ 617-730-0244  
✉ joseph.majzoub@childrens.harvard.edu

**Board Certifications:** Internal Medicine, Adult Endocrinology

**Specialty:** neuroendocrinology

### **Brown, Rosalind, MD, CM, FRCP(C)**

Director, Clinical Trials Research  
Senior Associate Physician in Medicine  
Associate Professor of Pediatrics, Harvard School  
Children's Hospital Boston  
☎ 617-355-7476  
☎ 617-730-0194  
✉ rosalind.brown@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology, Fellow-Royal College of Physicians (Canada)

**Specialty:** thyroid problems (e.g. Graves' disease, goiter, etc.)

### **Cooke, Emily, RD, LDN**

Clinical Nutritionist  
Children's Hospital Boston  
☎ 617-355-0793

### **Wolfsdorf, Joseph I., MB, BCh**

Associate Chief, Division of Endocrinology  
Clinical Director  
Senior Physician in Medicine  
Professor of Pediatrics, Harvard Medical School  
Children's Hospital Boston  
☎ 617-355-7476  
☎ 617-730-0194  
✉ joseph.wolfsdorf@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** diabetes mellitus; endocrinology; endocrinology; hypoglycemic disorders

### **Carswell, Jeremi M., MD**

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School  
Children's Hospital Boston  
☎ 617-355-7476  
☎ 617-730-0194  
✉ jeremi.carswell@childrens.harvard.edu

**Other Office:** Waltham

**Board Certifications:** Pediatrics

**Specialty:** endocrinology

### **Finlayson, Courtney, MD**

Assistant in Medicine  
Instructor, Harvard Medical School  
Children's Hospital Boston  
☎ 617-355-7476  
☎ 617-730\*0194  
✉ courtney.finlayson@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialties:** diabetes; endocrinology; GeMS

### **Agus, Michael, MD**

Director, Medicine Intensive Care Program  
Medical Director, Medicine Intensive Care Unit  
Medical Director, Intermediate Care Program  
Associate Physician in Medicine  
Assistant Professor of Pediatrics, Harvard School  
Children's Hospital Boston  
☎ 617-355-9615  
☎ 617-344-2565  
✉ michael.agus@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Critical Care, Pediatric Endocrinology

**Specialties:** hormonal abnormalities in critical illness; pediatric critical care

### **Chan, Yee-Ming, MD, PhD**

Assistant in Medicine  
Instructor, Harvard Medical School  
Children's Hospital Boston  
☎ 617-355-7476  
☎ 617-730-0194  
✉ yee-ming.chan@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialty:** endocrinology

### **Fleischman, Amy, MD, MMSc**

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School  
Children's Hospital Boston  
☎ Endocrine: 617-355-7476 <br>OWL: 617-355-5159  
☎ 617-730-0194  
✉ amy.fleischman@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** neuroendocrinology; obesity

### **Breault, David, MD, PhD**

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School  
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☎ 617-355-7476  
☎ 617-730-0244  
✉ david.breault@childrens.harvard.edu

**Other Office:** Waltham

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialty:** adrenal gland disorders

### **Cohen, Laurie E., MD**

Director, Neuroendocrinology Program  
Associate Physician in Medicine  
Assistant Professor of Pediatrics, Harvard School  
Children's Hospital Boston  
☎ 617-355-7476  
☎ 617-730-0194  
✉ laurie.cohen@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** endocrine sequelae of cancer and its treatments; growth issues and disorders; disorders; neuroendocrinology

### **Goodwin, Gregory, MD**

Associate Physician in Medicine  
Assistant Professor in Pediatrics, Harvard School  
Children's Hospital Boston  
☎ 617-355-7476  
☎ 617-730-0194  
✉ gregory.goodwin@childrens.harvard.edu

**Other Offices:** Waltham; Weymouth

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** diabetes; diabetes and celiac disorder; general endocrinology; growth disorders

## ENDOCRINOLOGY

### **Gordon, Catherine M., MD, MSc**

Director, Bone Health Program  
Associate Professor of Pediatrics, Harvard School

Children's Hospital Boston

☎ Adol Med: 617-355-7181 <br> Endocrine:  
617-355-7476

☎ 617-730-0195

✉ catherine.gordon@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology, Adolescent Medicine

**Specialties:** bone health; reproductive endocrinology; young women's health

### **Haagensen, Alexandra L., MD**

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

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✉

alexandra.haagensen@childrens.harvard.edu

**Other Office:** Waltham

**Board Certifications:** Pediatric Endocrinology

**Specialty:** CF related diabetes

### **Hirschhorn, Joel N., MD, PhD**

Senior Associate Physician in Medicine  
Associate Professor of Genetics and Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-919-2129

☎ 617-730-0253

✉ joel.hirschhorn@childrens.harvard.edu

**Board Certifications:** Pediatric Endocrinology

### **Holm, Ingrid A., MD, MPH**

Associate Director, Bone Health Program  
Director, Phenotyping Core, Program in Associate Physician in Medicine  
Assistant Professor of Pediatrics, Harvard School

Children's Hospital Boston

☎ Bone Health: 617-355-6021 <br>

Endocrine: 617-355-7

☎ 617-730-0245

✉ ingrid.holm@childrens.harvard.edu

**Board Certifications:** Pediatric Endocrinology, Medical Genetics

**Specialties:** bone health; genetics; genetics of endocrine disorders; sex chromosome abnormalities; skeletal dysplasias

### **Huang, Stephen, MD**

Director, Thyroid Program  
Associate Physician in Medicine  
Assistant Professor of Pediatrics, Harvard School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ stephen.huang@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** nodular thyroid disease and thyroid cancer; thyroidology

### **Keller, Richard, MD**

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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☎ 617-730-0194

✉ richard.keller@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology

### **Levine, Bat-Sheva, MD, MPH**

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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☎ 617-730-0194

✉ batsheva.levine@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology

### **Lewis, Maryanne, CS, PNP**

Children's Hospital Boston

☎ 617-355-5159

☎ 617-730-0505

✉ Maryann.lewis@childrens.harvard.edu

**Specialty:** obesity

### **Ludwig, David S., MD, PhD**

The John Fielding Crigler, Jr. & Mary Adele Crigler Chair in Pediatric Endocrinology  
Director, Optimal Weight for Life (OWL) Clinic  
Associate Director, Clinical & Translational Studies Unit

Senior Associate in Medicine

Associate Professor of Pediatrics, Harvard School

Associate Professor of Nutrition, Harvard School Public Health

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☎ Clinic: 617-730-0505; Office: 617-730-0183 0183

✉ david.ludwig@childrens.harvard.edu

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** nutrition; obesity  
**Luedke, Christina E., MD, PhD**

Assistant in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-395-2632

✉ christina.luedke@childrens.harvard.edu

**Other Offices:** Waltham; Weymouth

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** adrenal gland disorders; diabetes mellitus; general endocrinology

### **Ma, Nina, MD**

Assistant in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ nina.ma@childrens.harvard.edu

**Other Offices:** Peabody; Waltham

**Board Certifications:** Pediatrics

**Specialties:** bone health; diabetes; endocrinology

### **Mailloux, Julie, PhD**

Psychologist

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## ENDOCRINOLOGY

### Markowitz, Robert L., MD

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

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☎ 617-730-0505

✉ robert.markowitz@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialties:** failure to thrive; growth and nutrition; obesity

### Osganian, Stavroula, MD, ScD, MPH

Director, Clinical Research Program  
Associate Physician in Medicine  
Assistant Professor of Pediatrics, Harvard School

Children's Hospital Boston

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☎ 617-730-0505

✉ stavroula.osganian@childrens.harvard.edu

**Specialty:** obesity

### Smith, Jessica R., MD

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

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✉ jessica.smith@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialties:** endocrinology; thyroid cancer; thyroid nodules; thyroid problems (e.g. Graves' disease, goiter, etc.)

### Mehta, Sanjeev, MD, MPH

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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✉ sanjeev.mehta@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialty:** diabetes

### Quinn, Maryanne, MD, MPH

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

☎ 617-730-0194

✉ maryanne.quinn@childrens.harvard.edu

**Other Office:** Waltham

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** diabetes; type 1 diabetes and toddlers

### Spack, Norman P., MD

Associate Physician in Medicine  
Associate Professor of Pediatrics, Harvard School

Children's Hospital Boston

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☎ 617-730-0194

✉ norman.spack@childrens.harvard.edu

**Other Office:** Norwood

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialties:** diabetes; disorders of sex development; pediatric/adolescent endocrinology; transgenderism

### Nigrin, Daniel J., MD, MS

Senior Vice President, Information Services  
Chief Information Officer  
Associate Physician in Medicine  
Assistant Professor of Pediatrics, Harvard School

Children's Hospital Boston

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☎ 617-730-0019

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**Board Certifications:** Pediatrics, Pediatric Endocrinology

### Rhodes, Erinn T., MD, MPH

Director, Type 2 Diabetes Program  
Director, Endocrinology Healthcare Research Quality  
Assistant in Medicine  
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☎ 617-730-0194

✉ erinn.rhodes@childrens.harvard.edu

**Board Certifications:** Pediatric Endocrinology

**Specialties:** obesity; type 2 diabetes

### Srivatsa, Abhinash, MB, BS

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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✉ abhinash.srivatsa@childrens.harvard.edu

**Other Offices:** Peabody; Waltham

**Board Certifications:** Pediatrics, Pediatric Endocrinology

### Olson, David, MD

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7476

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✉ david.olson@childrens.harvard.edu

**Other Office:** Peabody

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialty:** neuroendocrinology

### Rossi, Corrine, RD, LDN

Clinical Nutritionist  
Children's Hospital Boston

☎ 617-355-6000

### Stafford, Diane, MD

Assistant Clinical Director  
Associate Program Director  
Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

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✉ diane.stafford@childrens.harvard.edu

**Other Office:** Waltham

**Board Certifications:** Pediatrics, Pediatric Endocrinology

**Specialty:** Prader-Willi syndrome

## ENDOCRINOLOGY

### **Swartz, Lisa, MD**

*Assistant in Medicine*

*Instructor in Pediatrics, Harvard Medical School*

Children's Hospital Boston

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✉ [lisa.swartz@childrens.harvard.edu](mailto:lisa.swartz@childrens.harvard.edu)

**Board Certifications:** Pediatrics

**Specialties:** diabetes; endocrinology