

Pediatric Specialist Guide

A referral guide for health care providers



James Kasser, MD



Children's Hospital Boston

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CHILDRENSHOSPITAL.ORG

DEVELOPMENTAL MEDICINE

The Division of Developmental Medicine at Children's Hospital Boston includes two clinical units, the Developmental Medicine Center (DMC) and the Adolescent Substance Abuse Program (ASAP).

The Developmental Medicine Center provides developmental evaluation and treatment services for children aged birth to adolescence with a wide range of developmental, behavioral and learning difficulties.

The DMC has expertise in the following areas:

- adoption developmental pre- and post-evaluations
- Aspergers syndrome
- attachment disorders
- attention-deficit/hyperactivity disorder
- autistic disorder
- cognitive development
- development disabilities
- development problems
- developmental delay
- down syndrome
- encopresis
- enuresis nocturnal and diurnal
- hyperactivity
- learning disorders
- mental retardation
- motor delays
- pervasive developmental disorders
- relationship development
- speech delay
- speech, language and hearing
- Williams syndrome

DMC CLINICAL PROGRAMS:

Adolescent Program

Adolescents 11 to 17 years old are evaluated by a multidisciplinary neurodevelopmental assessment consisting of a developmental pediatrician and pediatric psychologist. Typical referrals to the adolescent program include children with learning disabilities, attentional and/or behavioral concerns.

Call the DMC Program Coordinator for questions and intake information at 617-355-8208

Adoption Program

Children are seen for adoption consultation services. Typical referrals include families and children in need of consultations regarding a pending adoption, as well as post-adoption services for adoptees with developmental, learning, behavioral, and family adjustment issues.

Call the DMC Triage Coordinator with referral and intake information at 617-355-4125

Autism Services

Provides a broad array of diagnostic, treatment, consultation and advocacy services for children who have a known or suspected diagnosis of an Autistic Spectrum Disorder. Patients in these clinics are typically diagnosed as having autism, pervasive developmental disorder not otherwise specified (PDD-NOS), Aspergers disorder and non-verbal learning disabilities. This program is for children already followed in the Developmental Medicine Center and will need an initial visit prior to an autism visit.

Call the DMC Triage Coordinator for questions and intake information at 617-355-7971

Child Parent Program

Provides behavior consultation to families of infants and preschoolers with feeding problems who do not have complex medical problems. Children under 2 years old are evaluated and treated for a wide range of complex neurodevelopmental, behavioral, parent-child interactions and regulatory (sleeping and feeding) problems.

Call the DMC Psychology Assistant with questions and intake information at 617-355-5195

Down Syndrome Program

Functions as an interdisciplinary team to provide medical and developmental monitoring for children aged birth to 3 years.

Call the Triage Coordinator with referral questions at 857-218-4329

Middle Childhood Program

A multidisciplinary team consisting of a developmental pediatrician, a pediatric psychologist and an educational specialist sees children ages 7 through 12 years with learning disabilities and attentional and/or behavioral issues.

Scheduling: 617-355-8208

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Pain and Incontinence Program (PIP)

Children aged 4 to 16 years with bed-wetting, encopresis, enuresis and toilet training problems are seen for evaluation and treatment by developmental behavioral pediatric specialists.

Call the DMC Intake Coordinator for questions and intake information at 617-355-2092

Preschool Age Program

Children aged 3 through 6 years are evaluated by a multidisciplinary neurodevelopment team. Typical referrals to the DMC preschool program include children with mild to severe learning and developmental issues. The preschool teams specialize in working with children with learning disabilities, attentional concerns, global developmental delays, mental retardation, cerebral palsy, and/or questions of PDD/Autism.

Call the DMC Triage Coordinator with intake and referral questions at 617-355-7971

Psychological Consultations

Pediatric psychology follow-up assessment, consultation and treatment services are available for children recently evaluated in all of the DMC diagnostic clinics.

Scheduling: 617-355-5195

Williams Syndrome Program

Individuals from birth to adult with Williams syndrome are provided with multidisciplinary evaluation and consultation services.

Call the Program Coordinator with eligibility and intake questions at 617-355-5429

ADOLESCENT SUBSTANCE ABUSE PROGRAM (ASAP)

Provides a science-based, family-oriented and developmentally-appropriate approach to adolescent substance abuse evaluation and treatment. The program offers a full spectrum of services to adolescents and their families, including comprehensive diagnostic assessments, outpatient treatment and monitoring, and referral services. The program's clinicians are specially trained in the unique developmental and psychosocial challenges faced by adolescents, and have helped hundreds of teens with drug and alcohol problems.

The program has expertise and services in the following areas:

- assessment
 - comprehensive diagnostic assessment, including an in-depth substance use history, and mental health, physical health and school/vocational screening
 - collateral history from parents/guardians
- treatment
 - 12 week random drug testing program
 - individual follow-up/relapse prevention
 - science-based group therapy for adolescents and parents
 - parent guidance
 - psychopharmacology for dually diagnosed adolescents
 - smoking cessation for adolescents with co-occurring nicotine addiction
- referral
 - case management to help locate appropriate out of program services when indicated

ASAP CLINICAL PROGRAMS:

Drug Testing Program

Random urine drug screens can help parents monitor teens and may also help adolescents remain drug free. Toxicology screening coordination includes helping families to identify a participating laboratory, arranging orders, coordinating schedules to accommodate school and work plans, notifying patients and parents on drug testing days, receiving and collating drug testing results and producing written documentation of results for families and collateral professionals.

Group Therapy

Provides three separate tracks of group therapy - adolescents with opioid dependence, adolescents who use other drugs, and a continuing care group for adolescents who have completed the first stage of treatment and are ready to move on to a more independent level of care. The core curriculum consists of 13 sessions designed to teach adolescents and their parents practical and effective skills in dealing with the challenges of drug and/or alcohol use and help in the process of relapse prevention.

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Psychopharmacology

Many adolescents with substance use disorders also have co-occurring mental health disorders. ASAP provides psychopharmacology evaluations and on-going management for these adolescents.

Suboxone Program

Opioid replacement therapy is effective in the outpatient management of patients with opioid addiction. All of the ASAP physicians have received waivers to prescribe buprenorphine, and we have developed a structured outpatient program to help opioid dependent adolescents to become drug free.

Developmental Medicine Center

The DMC provides outpatient services at our Boston campus on the 10th floor of the Fegan Building. Office Hours are from Monday through Friday, 8 a.m. to 5 p.m.

COMMUNITY	LOCATION	SCHEDULING
Boston	Children's Hospital Boston 300 Longwood Avenue, Fegan-10	617-355-6501

Adolescent Substance Abuse Program

ASAP provides outpatient services at our Boston campus and at Children's Hospital Boston in Waltham. Boston Office Hours are from Monday through Friday 9 a.m. to 5 p.m. and Waltham Office Hours are Wednesdays 9 a.m. to 5 p.m.

COMMUNITY	LOCATION	SCHEDULING
Boston	Children's Hospital Boston 333 Longwood Avenue, 5th Floor	617-355-2727
Waltham	Children's Hospital Boston at Waltham 9 Hope Avenue	617-355-2727

Urgent Appointment Triage

Adolescent Substance Abuse:

617-355-2727*

*This is not an emergency service. For truly urgent cases, the patient should be seen in the ED or a detox program.

DEVELOPMENTAL MEDICINE

Rappaport, Leonard A., MD, MS

Chief, Division of Developmental Medicine
Mary Deming Scott Professor of Pediatrics,
Harvard Medical School

Children's Hospital Boston

☎ 617-355-7030

☎ 617-730-0252

✉ leonard.rappaport@childrens.harvard.edu

Board Certifications: Pediatrics,
Developmental Behavioral Pediatrics

Specialties: autism and other pervasive
developmental disorders; development and
learning problems; developmental and
behavioral pediatrics; enuresis and encopresis

Becker, Ronald E., MD

Assistant in Medicine
Instructor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4125

☎ 617-730-0252

✉ ronald.becker@childrens.harvard.edu

Other Office: Lexington

Board Certifications: Developmental
Behavioral Pediatrics, Sleep Medicine

Specialties: ADHD; autism and other
pervasive developmental disorders; functional
disorders; sleep disorders

Dunn, Kimberly, PNP

Nurse Practitioner

Children's Hospital Boston

☎ 617-355-8322

☎ 617-730-0252

Board Certifications: American Nurses
Credentialing Center, Pediatric Nurse
Practitioner

Specialties: ADHD; autism and other
pervasive developmental disorders;
development and learning problems; enuresis
and encopresis; learning disabilities; toilet
training consultation

Barbaresi, William Joseph, MD

Associate Chief, Division of Developmental
Medicine

Director, Developmental Medicine Center
Wade Family Foundation Chair in Developmental
Medicine

Associate Professor of Pediatrics, Harvard
School

Children's Hospital Boston

☎ 617-355-4125

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✉ william.barbaresi@childrens.harvard.edu

Board Certifications: Developmental-
Behavioral Pediatrics

Specialty: developmental and behavioral
pediatrics

Bridgemohan, Carolyn H., MD

Co-Director, Autism Care Program
Assistant in Medicine

Assistant Professor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4125

✉

carolyn.bridgemohan@childrens.harvard.edu

Board Certifications: Developmental
Behavioral Pediatrics

Specialties: autism and other pervasive
developmental disorders; development and
learning problems; developmental and
behavioral pediatrics

Hanson, Ellen, PhD

Staff Psychologist/Lead Researcher
Instructor in Psychology, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4683

✉ ellen.hanson@childrens.harvard.edu

Specialties: autism spectrum disorders;
behavior therapy; developmental disabilities;
pediatric psychology

Maislen, Sandra

Administrative Director

Children's Hospital Boston

☎ 617-355-4218

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Chan, Eugenia, MD, MPH

Assistant in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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✉ eugenia.chan@childrens.harvard.edu

Board Certifications: Pediatrics,
Developmental and Behavioral Pediatrics

Specialties: ADHD; developmental and
behavioral pediatrics

Hundley, Rachel, PhD

Staff Psychologist

Instructor of Psychology, Harvard Medical School

Children's Hospital Boston

☎ 617-355-2282

☎ 617-730-0252

✉ rachel.hundley@childrens.harvard.edu

Specialties: autism and other pervasive
developmental disorders; developmental
disabilities; learning disorders; pediatric
psychology; peer relationship problems

Albers Prock, Lisa H., MD, MPH

Assistant in Medicine

Assistant Professor in Pediatrics, Harvard
School

Children's Hospital Boston

☎ 617-355-4125

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✉ lisa.albers@childrens.harvard.edu

Board Certifications: Pediatrics,
Developmental Behavioral Pediatrics

Specialties: adoption and foster care; autism
and other pervasive developmental disorders;
developmental and behavioral pediatrics;
international pediatrics

Driscoll, Katherine, PhD

Staff Psychologist

Instructor in Psychology, Harvard Medical School

Children's Hospital Boston

✉ katherine.driscoll@childrens.harvard.edu

Specialties: autism and other pervasive
developmental disorders; developmental
disabilities; learning disabilities; pediatric
psychology

Keefer, Constance H., MD

Assistant in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-6948

☎ 617-859-7215

✉ constance.keefer@childrens.harvard.edu

Board Certifications: Pediatrics

Specialty: child development

DEVELOPMENTAL MEDICINE

Knights, John R., MD

Director, Center for Adolescent Substance Abuse Research

Associate Professor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-5433

☎ 617-730-0049

✉ john.knight@childrens.harvard.edu

Board Certifications: Pediatrics, Developmental Behavioral Pediatrics

Specialties: developmental and behavioral pediatrics; substance abuse

Lafiosca, Tina, PhD

Staff Psychologist

Instructor in Psychology, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7249

☎ 617-730-0252

✉ tina.lafiosca@childrens.harvard.edu

Specialties: autism spectrum disorders; developmental disabilities; learning disabilities disabilities and disorders; pediatric psychology

Nasir, Ramzi, MD, MPH

Assistant in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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✉ ramzi.nasir@childrens.harvard.edu

Board Certifications: Pediatrics, Developmental Medicine

Specialties: behavioral and developmental disorders in genetic diseases; developmental and behavioral pediatrics; psychopharmacology

Knowlton-Young, Kimberly, LCSW

Clinical Social Worker

☎ 617-355-2727

☎ 617-730-0049

✉ kimberl

kimberly.knowlton@childrens.harvard.edu

LeClair, Elaine, PhD

Associate Director, Developmental Medicine

Assistant Professor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-5597

☎ 617-730-0252

✉ elaine.leclair@childrens.harvard.edu

Specialties: neurodevelopmental disabilities; Williams syndrome

Neessen, Michael, PsyD

Co-Director, ADHD Program

Staff Psychologist

Instructor, Harvard Medical School

Children's Hospital Boston

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☎ 617-730-0252

✉ michael.neessen@childrens.harvard.edu

Specialties: ADHD; autism and other pervasive developmental disorders; learning disabilities; pediatric psychology; psychological assessment; school aged and adolescent development

Knowlton-Young, Kimberly S., MSW, LICSW

Clinical Social Worker

Young Adult Substance Abuse Group Therapist

Children's Hospital Boston

☎ 857-218-4309

☎ 617-730-0049

Specialties: anxiety; children and families; depression; substance abuse

Levy, Sharon J.L., MD, MPH

Director, Adolescent Substance Abuse Program

(ASAP)

Assistant Professor of Pediatrics, Harvard

School

Children's Hospital Boston

☎ 617-355-2727

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✉ sharon.levy@childrens.harvard.edu

Board Certifications: Pediatrics, Developmental Behavioral Pediatrics

Specialties: developmental and behavioral pediatrics; drug testing; substance abuse

Prichard, Lindsay, LICSW

Social Worker

Resource Specialist, Developmental Medicine Center

Children's Hospital Boston

✉ lindsay.prichard@childrens.harvard.edu

Kovacs, Alexis, PhD

Staff Psychologist

Instructor in Psychology, Harvard Medical School

☎ 617-730-0252

✉ alexis.dugan@childrens.harvard.edu

Specialties: autism spectrum disorders; developmental disabilities; feeding disorders; pediatric psychology

Munir, Kerim M., MD, MPH, DSc

Associate in Psychiatry

Assistant Professor, Harvard Medical School

Children's Hospital Boston

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✉ kerim.munir@childrens.harvard.edu

Board Certifications: Child and Adolescent Psychiatry, Psychiatry

Specialties: autism and other pervasive developmental disorders; child psychiatry; developmental disabilities

Pugatch, Marianne, LICSW

Clinical Social Worker

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DEVELOPMENTAL MEDICINE

Pugatch, Marianne, MSW, LICSW

Director of Social Work, Adolescent Substance Abuse Program

Children's Hospital Boston

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☎ 617-730-0049

Specialty: adolescent substance abuse

Schram, Patricia Cintra Franco, MD

Instructor of Pediatrics, Harvard Medical School

Children's Hospital Boston

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✉ patricia.schram@childrens.harvard.edu

Board Certifications: Pediatrics

Specialty: developmental and behavioral pediatrics

Van Hook, Shari, PA-C, MPH

Director, Research Operations/ASAP Clinician

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Sanchez-Samper, Ximena, MD

Instructor in Psychiatry, Harvard Medical School

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Specialties: dually diagnosed adolescents; smoking cessation

Singer, Jayne, PhD

Clinical Director, Child Parent Program

Assistant Professor, Harvard Medical School

Children's Hospital Boston

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Specialties: autism and other pervasive developmental disorders; developmental psychiatry; infant mental health; parent-infant infant psychotherapy; pediatric psychology; psychological assessment

Ware, Janice, PhD

Assistant Professor, Harvard Medical School

Children's Hospital Boston

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☎ 617-730-0252

✉ janice.ware@childrens.harvard.edu

Specialties: developmental psychopathology; psychopathology; pediatric psychology

Schizer, Miriam, MD, MPH

Instructor of Pediatrics, Harvard Medical School

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✉ miriam.schizer@childrens.harvard.edu

Board Certifications: Pediatrics

Specialty: substance abuse

Sullivan, Nancy, PhD

Staff Psychologist

Instructor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4217

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✉ nancy.sullivan@childrens.harvard.edu

Specialties: Asperger's syndrome/non-verbal learning disorder; autism and other pervasive developmental disorders; behavior therapy; pediatric psychology

Weissman, Laura, MD

Assistant in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

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✉ laura.weissman@childrens.harvard.edu

Board Certifications: Pediatrics

Specialty: developmental and behavioral pediatrics

Schonwald, Alison, MD

Medical Director, Developmental Behavioral Outreach

Assistant Professor in Pediatrics, Harvard School

Children's Hospital Boston

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✉ alison.schonwald@childrens.harvard.edu

Board Certifications: Pediatrics, Developmental Behavioral Pediatrics

Specialties: autism spectrum disorders; developmental and behavioral pediatrics; psychopharmacology; toilet training consultation

Tsai, Sherry, CPNP

Nurse Practitioner

Children's Hospital Boston

☎ 617-355-7415

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✉ sherry.tsai@childrens.harvard.edu

Board Certifications: PNCB

Specialties: enuresis and encopresis; toilet training consultation