

# Pediatric Specialist Guide

*A referral guide for health care providers*



James Kasser, MD



Children's Hospital Boston

2009-2010

CHILDRENSHOSPITAL.ORG

## **DEVELOPMENTAL MEDICINE**

The Division of Developmental Medicine at Children's Hospital Boston includes two clinical units, the Developmental Medicine Center (DMC) and the Adolescent Substance Abuse Program (ASAP).

The Developmental Medicine Center provides developmental evaluation and treatment services for children aged birth to adolescence with a wide range of developmental, behavioral and learning difficulties.

The DMC has expertise in the following areas:

- adoption developmental pre- and post-evaluations
- Aspergers syndrome
- attachment disorders
- attention-deficit/hyperactivity disorder
- autistic disorder
- cognitive development
- development disabilities
- development problems
- developmental delay
- down syndrome
- encopresis
- enuresis nocturnal and diurnal
- hyperactivity
- learning disorders
- mental retardation
- motor delays
- pervasive developmental disorders
- relationship development
- speech delay
- speech, language and hearing
- Williams syndrome

### **DMC CLINICAL PROGRAMS:**

#### **Adolescent Program**

Adolescents 11 to 17 years old are evaluated by a multidisciplinary neurodevelopmental assessment consisting of a developmental pediatrician and pediatric psychologist. Typical referrals to the adolescent program include children with learning disabilities, attentional and/or behavioral concerns.

Call the DMC Program Coordinator for questions and intake information at 617-355-8208

#### **Adoption Program**

Children are seen for adoption consultation services. Typical referrals include families and children in need of consultations regarding a pending adoption, as well as post-adoption services for adoptees with developmental, learning, behavioral, and family adjustment issues.

Call the DMC Triage Coordinator with referral and intake information at 617-355-4125

#### **Autism Services**

Provides a broad array of diagnostic, treatment, consultation and advocacy services for children who have a known or suspected diagnosis of an Autistic Spectrum Disorder. Patients in these clinics are typically diagnosed as having autism, pervasive developmental disorder not otherwise specified (PDD-NOS), Aspergers disorder and non-verbal learning disabilities. This program is for children already followed in the Developmental Medicine Center and will need an initial visit prior to an autism visit.

Call the DMC Triage Coordinator for questions and intake information at 617-355-7971

#### **Child Parent Program**

Provides behavior consultation to families of infants and preschoolers with feeding problems who do not have complex medical problems. Children under 2 years old are evaluated and treated for a wide range of complex neurodevelopmental, behavioral, parent-child interactions and regulatory (sleeping and feeding) problems.

Call the DMC Psychology Assistant with questions and intake information at 617-355-5195

#### **Down Syndrome Program**

Functions as an interdisciplinary team to provide medical and developmental monitoring for children aged birth to 3 years.

Call the Triage Coordinator with referral questions at 857-218-4329

#### **Middle Childhood Program**

A multidisciplinary team consisting of a developmental pediatrician, a pediatric psychologist and an educational specialist sees children ages 7 through 12 years with learning disabilities and attentional and/or behavioral issues.

Scheduling: 617-355-8208

## DEVELOPMENTAL MEDICINE

### **Pain and Incontinence Program (PIP)**

Children aged 4 to 16 years with bed-wetting, encopresis, enuresis and toilet training problems are seen for evaluation and treatment by developmental behavioral pediatric specialists.

Call the DMC Intake Coordinator for questions and intake information at 617-355-2092

### **Preschool Age Program**

Children aged 3 through 6 years are evaluated by a multidisciplinary neurodevelopment team. Typical referrals to the DMC preschool program include children with mild to severe learning and developmental issues. The preschool teams specialize in working with children with learning disabilities, attentional concerns, global developmental delays, mental retardation, cerebral palsy, and/or questions of PDD/Autism.

Call the DMC Triage Coordinator with intake and referral questions at 617-355-7971

### **Psychological Consultations**

Pediatric psychology follow-up assessment, consultation and treatment services are available for children recently evaluated in all of the DMC diagnostic clinics.

Scheduling: 617-355-5195

### **Williams Syndrome Program**

Individuals from birth to adult with Williams syndrome are provided with multidisciplinary evaluation and consultation services.

Call the Program Coordinator with eligibility and intake questions at 617-355-5429

## **ADOLESCENT SUBSTANCE ABUSE PROGRAM (ASAP)**

Provides a science-based, family-oriented and developmentally-appropriate approach to adolescent substance abuse evaluation and treatment. The program offers a full spectrum of services to adolescents and their families, including comprehensive diagnostic assessments, outpatient treatment and monitoring, and referral services. The program's clinicians are specially trained in the unique developmental and psychosocial challenges faced by adolescents, and have helped hundreds of teens with drug and alcohol problems.

The program has expertise and services in the following areas:

- assessment
  - comprehensive diagnostic assessment, including an in-depth substance use history, and mental health, physical health and school/vocational screening
  - collateral history from parents/guardians
- treatment
  - 12 week random drug testing program
  - individual follow-up/relapse prevention
  - science-based group therapy for adolescents and parents
  - parent guidance
  - psychopharmacology for dually diagnosed adolescents
  - smoking cessation for adolescents with co-occurring nicotine addiction
- referral
  - case management to help locate appropriate out of program services when indicated

## **ASAP CLINICAL PROGRAMS:**

### **Drug Testing Program**

Random urine drug screens can help parents monitor teens and may also help adolescents remain drug free. Toxicology screening coordination includes helping families to identify a participating laboratory, arranging orders, coordinating schedules to accommodate school and work plans, notifying patients and parents on drug testing days, receiving and collating drug testing results and producing written documentation of results for families and collateral professionals.

### **Group Therapy**

Provides three separate tracks of group therapy - adolescents with opioid dependence, adolescents who use other drugs, and a continuing care group for adolescents who have completed the first stage of treatment and are ready to move on to a more independent level of care. The core curriculum consists of 13 sessions designed to teach adolescents and their parents practical and effective skills in dealing with the challenges of drug and/or alcohol use and help in the process of relapse prevention.

## DEVELOPMENTAL MEDICINE

### Psychopharmacology

Many adolescents with substance use disorders also have co-occurring mental health disorders. ASAP provides psychopharmacology evaluations and on-going management for these adolescents.

### Suboxone Program

Opioid replacement therapy is effective in the outpatient management of patients with opioid addiction. All of the ASAP physicians have received waivers to prescribe buprenorphine, and we have developed a structured outpatient program to help opioid dependent adolescents to become drug free.

### Developmental Medicine Center

The DMC provides outpatient services at our Boston campus on the 10th floor of the Fegan Building. Office Hours are from Monday through Friday, 8 a.m. to 5 p.m.

COMMUNITY	LOCATION	SCHEDULING
Boston	Children's Hospital Boston 300 Longwood Avenue, Fegan-10	617-355-6501

### Adolescent Substance Abuse Program

ASAP provides outpatient services at our Boston campus and at Children's Hospital Boston in Waltham. Boston Office Hours are from Monday through Friday 9 a.m. to 5 p.m. and Waltham Office Hours are Wednesdays 9 a.m. to 5 p.m.

COMMUNITY	LOCATION	SCHEDULING
Boston	Children's Hospital Boston 333 Longwood Avenue, 5th Floor	617-355-2727
Waltham	Children's Hospital Boston at Waltham 9 Hope Avenue	617-355-2727

### Urgent Appointment Triage

#### Adolescent Substance Abuse:

617-355-2727\*

\*This is not an emergency service. For truly urgent cases, the patient should be seen in the ED or a detox program.

## DEVELOPMENTAL MEDICINE

### **Rappaport, Leonard A., MD, MS**

Chief, Division of Developmental Medicine  
Mary Deming Scott Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7030

☎ 617-730-0252

✉ leonard.rappaport@childrens.harvard.edu

**Board Certifications:** Pediatrics, Developmental Behavioral Pediatrics

**Specialties:** autism and other pervasive developmental disorders; development and learning problems; developmental and behavioral pediatrics; enuresis and encopresis

### **Becker, Ronald E., MD**

Assistant in Medicine  
Instructor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4125

☎ 617-730-0252

✉ ronald.becker@childrens.harvard.edu

**Other Office:** Lexington

**Board Certifications:** Developmental Behavioral Pediatrics, Sleep Medicine

**Specialties:** ADHD; autism and other pervasive developmental disorders; functional disorders; sleep disorders

### **Dunn, Kimberly, PNP**

Nurse Practitioner

Children's Hospital Boston

☎ 617-355-8322

☎ 617-730-0252

**Board Certifications:** American Nurses Credentialing Center, Pediatric Nurse Practitioner

**Specialties:** ADHD; autism and other pervasive developmental disorders; development and learning problems; enuresis and encopresis; learning disabilities; toilet training consultation

### **Barbarese, William Joseph, MD**

Associate Chief, Division of Developmental Medicine  
Director, Developmental Medicine Center  
Wade Family Foundation Chair in Developmental Medicine

Associate Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4125

☎ 617-730-0252

✉ william.barbarese@childrens.harvard.edu

**Board Certifications:** Developmental-Behavioral Pediatrics

**Specialty:** developmental and behavioral pediatrics

### **Bridgemohan, Carolyn H., MD**

Co-Director, Autism Care Program  
Assistant in Medicine  
Assistant Professor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4125

✉ carolyn.bridgemohan@childrens.harvard.edu

**Board Certifications:** Developmental Behavioral Pediatrics

**Specialties:** autism and other pervasive developmental disorders; development and learning problems; developmental and behavioral pediatrics

### **Hanson, Ellen, PhD**

Staff Psychologist/Lead Researcher  
Instructor in Psychology, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4683

✉ ellen.hanson@childrens.harvard.edu

**Specialties:** autism spectrum disorders; behavior therapy; developmental disabilities; pediatric psychology

### **Maislen, Sandra**

Administrative Director

Children's Hospital Boston

☎ 617-355-4218

✉ sandra.maislen@childrens.harvard.edu

### **Chan, Eugenia, MD, MPH**

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4125

☎ 617-730-0252

✉ eugenia.chan@childrens.harvard.edu

**Board Certifications:** Pediatrics, Developmental and Behavioral Pediatrics

**Specialties:** ADHD; developmental and behavioral behavioral pediatrics

### **Hundley, Rachel, PhD**

Staff Psychologist  
Instructor of Psychology, Harvard Medical School

Children's Hospital Boston

☎ 617-355-2282

☎ 617-730-0252

✉ rachel.hundley@childrens.harvard.edu

**Specialties:** autism and other pervasive developmental disorders; developmental disabilities; disabilities; learning disorders; pediatric psychology; peer relationship problems

### **Albers Prock, Lisa H., MD, MPH**

Assistant in Medicine  
Assistant Professor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4125

☎ 617-730-0252

✉ lisa.albers@childrens.harvard.edu

**Board Certifications:** Pediatrics, Developmental Behavioral Pediatrics

**Specialties:** adoption and foster care; autism and other pervasive developmental disorders; developmental and behavioral pediatrics; international pediatrics

### **Driscoll, Katherine, PhD**

Staff Psychologist  
Instructor in Psychology, Harvard Medical School

Children's Hospital Boston

✉ katherine.driscoll@childrens.harvard.edu

**Specialties:** autism and other pervasive developmental disorders; developmental disabilities; disabilities; learning disabilities; pediatric psychology

### **Keefer, Constance H., MD**

Assistant in Medicine  
Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-6948

☎ 617-859-7215

✉ constance.keefer@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialty:** child development

## DEVELOPMENTAL MEDICINE

### **Knight, John R., MD**

Director, Center for Adolescent Substance Abuse Research

Associate Professor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-5433

☎ 617-730-0049

✉ john.knight@childrens.harvard.edu

**Board Certifications:** Pediatrics, Developmental Behavioral Pediatrics

**Specialties:** developmental and behavioral pediatrics; substance abuse

### **LeClair, Elaine, PhD**

Associate Director, Developmental Medicine Center  
Assistant Professor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-5597

☎ 617-730-0252

✉ elaine.leclair@childrens.harvard.edu

**Specialties:** neurodevelopmental disabilities; Williams syndrome

### **Neessen, Michael, PsyD**

Co-Director, ADHD Program

Staff Psychologist

Instructor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4683

☎ 617-730-0252

✉ michael.neessen@childrens.harvard.edu

**Specialties:** ADHD; autism and other pervasive developmental disorders; learning disabilities; pediatric psychology; psychological assessment; school aged and adolescent development

### **Knowlton-Young, Kimberly, LCSW**

Clinical Social Worker

☎ 617-355-2727

☎ 617-730-0049

✉ kimberly.knowlton@childrens.harvard.edu

### **Levy, Sharon J.L., MD, MPH**

Director, Adolescent Substance Abuse Program (ASAP)

Assistant Professor of Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-2727

☎ 617-730-0049

✉ sharon.levy@childrens.harvard.edu

**Board Certifications:** Pediatrics, Developmental Behavioral Pediatrics

**Specialties:** developmental and behavioral pediatrics; drug testing; substance abuse

### **Prichard, Lindsay, LICSW**

Social Worker

Resource Specialist, Developmental Medicine Center

Children's Hospital Boston

✉ lindsay.prichard@childrens.harvard.edu

### **Kovacs, Alexis, PhD**

Staff Psychologist

Instructor in Psychology, Harvard Medical School

☎ 617-730-0252

✉ alexis.dugan@childrens.harvard.edu

**Specialties:** autism spectrum disorders; developmental disabilities; feeding disorders; pediatric psychology

### **Munir, Kerim M., MD, MPH, DSc**

Associate in Psychiatry

Assistant Professor, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7166

☎ 617-730-0252

✉ kerim.munir@childrens.harvard.edu

**Board Certifications:** Child and Adolescent Psychiatry, Psychiatry

**Specialties:** autism and other pervasive developmental disorders; child psychiatry; developmental disabilities

### **Pugatch, Marianne, LICSW**

Clinical Social Worker

☎ 617-355-2727

☎ 617-730-0049

✉ marianne.pugatch@childrens.harvard.edu

### **Lafiosca, Tina, PhD**

Staff Psychologist

Instructor in Psychology, Harvard Medical School

Children's Hospital Boston

☎ 617-355-7249

☎ 617-730-0252

✉ tina.lafiosca@childrens.harvard.edu

**Specialties:** autism spectrum disorders; developmental disabilities; learning disabilities and disorders; pediatric psychology

### **Nasir, Ramzi, MD, MPH**

Assistant in Medicine

Instructor in Pediatrics, Harvard Medical School

Children's Hospital Boston

☎ 617-355-4125

✉ ramzi.nasir@childrens.harvard.edu

**Board Certifications:** Pediatrics, Developmental Medicine

**Specialties:** behavioral and developmental disorders in genetic diseases; developmental and behavioral pediatrics; psychopharmacology

### **Sanchez-Samper, Ximena, MD**

Instructor in Psychiatry, Harvard Medical School

Children's Hospital Boston

☎ 617-355-6741

☎ 617-730-0049

✉ ximena.sanchez-samper@childrens.harvard.edu

**Specialties:** dually diagnosed adolescents; smoking cessation

## DEVELOPMENTAL MEDICINE

### Schizer, Miriam, MD, MPH

*Instructor of Pediatrics, Harvard Medical School*

Children's Hospital Boston

☎ 617-355-2727

☎ 617-730-0049

✉ miriam.schizer@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialty:** substance abuse

### Singer, Jayne, PhD

*Clinical Director, Child Parent Program*

*Assistant Professor, Harvard Medical School*

Children's Hospital Boston

☎ 617-355-8406

☎ 617-277-5933

✉ jayne.singer@childrens.harvard.edu

**Specialties:** autism and other pervasive developmental disorders; developmental psychiatry; psychiatry; infant mental health; parent-infant psychotherapy; pediatric psychology; psychological psychological assessment

### Van Hook, Shari, PA-C, MPH

*Director, Research Operations/ASAP Clinician*

☎ 617-355-2727

☎ 617-730-0049

✉ shari.vanhook@childrens.harvard.edu

### Schonwald, Alison, MD

*Medical Director, Developmental Behavioral Outreach*

*Assistant Professor in Pediatrics, Harvard Medical School*

Children's Hospital Boston

☎ 617-355-4125

✉ alison.schonwald@childrens.harvard.edu

**Board Certifications:** Pediatrics, Developmental Behavioral Pediatrics

**Specialties:** autism spectrum disorders; developmental and behavioral pediatrics; psychopharmacology; toilet training consultation

### Sullivan, Nancy, PhD

*Staff Psychologist*

*Instructor, Harvard Medical School*

Children's Hospital Boston

☎ 617-355-4217

☎ 617-277-5933

✉ nancy.sullivan@childrens.harvard.edu

**Specialties:** Asperger's syndrome/non-verbal learning disorder; autism and other pervasive developmental disorders; behavior therapy; pediatric pediatric psychology

### Ware, Janice, PhD

*Assistant Professor, Harvard Medical School*

Children's Hospital Boston

☎ 617-355-5195

☎ 617-730-0252

✉ janice.ware@childrens.harvard.edu

**Specialties:** developmental psychopathology; pediatric psychology

### Schram, Patricia Cintra Franco, MD

*Instructor of Pediatrics, Harvard Medical School*

Children's Hospital Boston

☎ 617-355-2727

☎ 617-730-0049

✉ patricia.schram@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialty:** developmental and behavioral pediatrics pediatrics

### Tsai, Sherry, CPNP

*Nurse Practitioner*

Children's Hospital Boston

☎ 617-355-7415

☎ 617-730-0252

✉ sherry.tsai@childrens.harvard.edu

**Board Certifications:** PNCB

**Specialties:** enuresis and encopresis; toilet training training consultation

### Weissman, Laura, MD

*Assistant in Medicine*

*Instructor in Pediatrics, Harvard Medical School*

Children's Hospital Boston

☎ 617-355-4125

☎ 617-730-0252

✉ laura.weissman@childrens.harvard.edu

**Board Certifications:** Pediatrics

**Specialty:** developmental and behavioral pediatrics pediatrics